

FREE SPIRIT

October 2026

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FEATURES

Halloween, Hope,
and the Season of Stillness

PLUS

October Horoscopes
& Reader Profiles

Dakota Johnson

Secrets, intuition and the blurred
line between truth and fiction.

discover your future, release your past

Editor's letter

October is a month of change. The days grow shorter, the seasons turn, and nature reminds us that change is not something to fear, but a natural part of life. With that in mind, this issue explores some of the different ways we can navigate change, uncertainty and new chapters.

As we mark World Mental Health Day, we look at the people and thoughts we carry with us, and how self-compassion and meaningful connections can support our emotional wellbeing. We also explore whether a psychic reading might offer a different perspective when life feels overwhelming.

As Halloween approaches, we turn our attention to our enduring fascination with the unknown, while the clocks going back provide an opportunity to embrace the season of stillness and make space for reflection.

Our cover star, Dakota Johnson, features in our look at Verity, the psychological thriller based on Colleen Hoover's bestselling novel. You'll also find our regular reader profiles, October horoscopes and a celebration of the humble British apple – a fruit with a surprisingly fascinating history of symbolism and folklore.

Whatever October brings your way, I hope this issue offers a little inspiration, reassurance and something to enjoy.

Happy reading!

Charlotte

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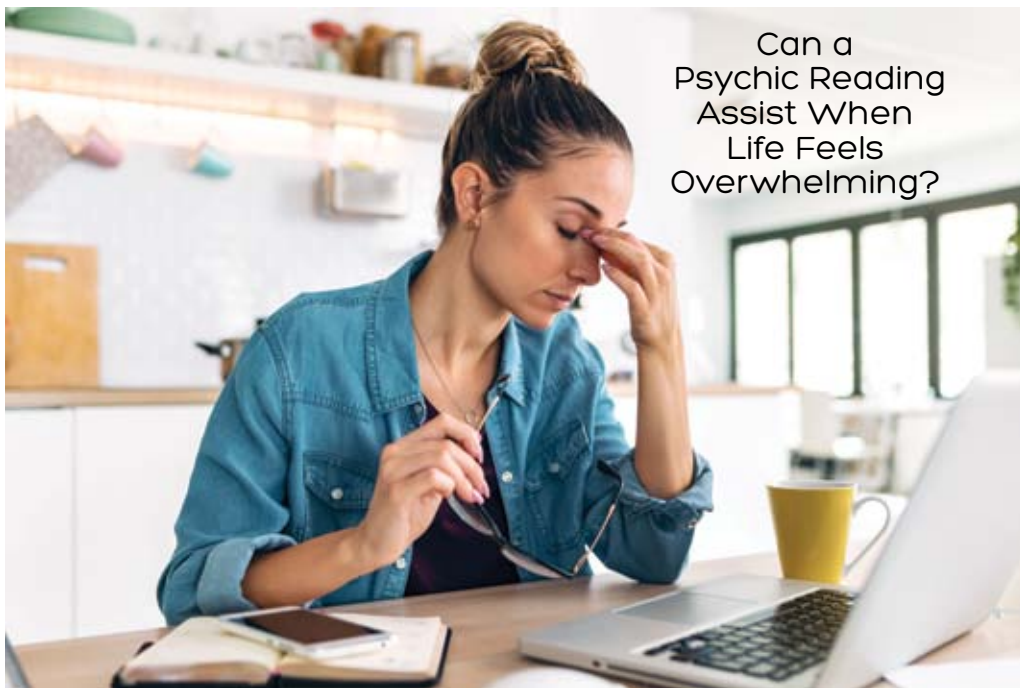


Luna 4950

Pick from our many talented psychics, all with different techniques

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.

Readings under UK law are deemed to be for entertainment only. Helpline: 0800 156 0580.



Can a Psychic Reading Assist When Life Feels Overwhelming?

There are stretches of life when everything seems to arrive at once. Work, family, money and your own health all start competing for attention, and before long you cannot think straight about any of it. If you have found yourself wondering whether a psychic reading could assist when life feels overwhelming, you are not alone.

Plenty of people reach out to our psychics during exactly these periods, not because they expect every problem solved in a single call, but because they want a moment of clarity when everything feels tangled.

What Feeling Overwhelmed Actually Looks Like

Feeling overwhelmed rarely announces itself. It tends to build quietly until small things start tipping you over, a full inbox, a missed message, a comment that would normally pass you by. You might notice you are struggling to switch off, sleeping badly, or moving through the day without ever feeling on top of it. Often there is a nagging sense that something is not right long before you can name what it is.

When your general sense of wellbeing starts to slip like this, it is usually a sign that one or two areas of life have pulled out of balance and are quietly draining the rest.

Why We Lose Perspective When Everything Piles Up

The hardest part of feeling overwhelmed is that it strips away perspective. When we are in the middle of it, every

problem feels the same size and equally urgent, which makes it almost impossible to work out where to start.

The people closest to us are not always the answer either. Family and friends care, but they are often too involved in the situation to be really objective, and sometimes we hold back for fear of worrying them.



That is why an outside voice, someone with no stake in the outcome, can be so steadying when your own thoughts are going in circles.

How A Psychic Reading Can Assist When Life Feels Overwhelming

This is where a reading can offer something different. A psychic reading gives you space to talk honestly,



without being judged and without having to protect anyone's feelings. A reader will not simply tell you what you want to hear. Instead, they guide you to step back and see the wider picture, so the mountain in front of you starts to break down into something more manageable.

Rather than trying to fix everything at once, many people find the real value is in walking away with one clear next step, a single thing to focus on that quiets the noise. When life feels overwhelming, that shift from everything at once to one thing first can be enough to get moving again.

What A Reading Can and Cannot Offer

A reading can offer guidance, comfort and a fresh perspective, and for many people that is exactly what they need to feel steadier. What it cannot do is replace medical or professional support. If you are really struggling to cope, feeling persistently low or anxious, speaking to your doctor or a mental health professional matters just as much, and the two can sit comfortably alongside each other.

Our readings are intended as a source of insight and reassurance rather than a substitute for that care, and the best readers will always encourage you to look after yourself properly.

Getting The Most From A Reading When You Feel Overwhelmed

If you do decide to reach out, a little preparation for the reading can be useful. When your head is full it is tempting to bring every worry at once, but it is often more useful to settle on the one question that matters most and start there. Try to stay open-minded rather than expecting a single definitive answer. The most valuable readings tend to be the ones you approach as a conversation rather than a verdict.

Other Ways To Steady Yourself Alongside a Reading

A reading works best as one part of looking after yourself rather than the whole of it. Small, steady habits often do more than any grand change, whether that is protecting a little time each day that is yours, tackling one area of life at a time instead of everything together, or simply being honest with the people you have faith in about how you are doing. Focus on the area that feels most out of balance first, and you may find the others begin to settle in its wake.

Taking The First Step

When life feels overwhelming, the hardest part is often simply deciding to reach out. It can feel easier to carry on and hope things settle on their own, but giving yourself permission to talk it through is a small act of looking after yourself, not a sign that you are failing to cope. A reading will not lift every worry at once, yet even a single conversation can be enough to quieten the noise and show you where to start.



Whenever you feel ready, you can take a moment to see which of our readers are ready to talk and choose someone whose approach feels right for you.





Ann
PIN: 4114

Ann offers warm and intuitive readings designed to bring clarity & understanding.

Ann is a clairaudient and clairvoyant who provides angel and Tarot card readings, drawing on extensive knowledge of many different spiritual tools to bring guidance, clarity, understanding and unity. She connects with her intuition through cooperative moments and also receives visions while connecting with the archangels during readings.

With many years' experience, Ann brings light and warmth to her readings, creating a sense of balance, peace and serenity. Her work with the pendulum and crystal ball can offer further insight, while a deep understanding and empathy are at the heart of her approach. She also connects with spirit and loved ones, acting as a beacon of light for those seeking to navigate their way forwards.

A Gift for Connecting with Spirit

Readings can reveal solutions, a path forward and a clearer understanding of the choices ahead. Alongside Tarot, Ann works with birth numbers, astrology, crystals and synastry charts, with a particular interest in exploring relationships in-depth. As an empath, she flows with the messages she receives, offering angelic guidance and a sense of transformation.

Ann focuses on personal development, empowerment and embracing inner strength. She can explore purpose and leadership through the questions brought to a reading, as well as connecting with past lives. Through the cards, she picks up on characteristics and patterns, offering extensive insight into the path ahead and highlighting significant events that may be part of the future.

Angels, Tarot and Spiritual Tools

Her connection with the archangels brings further understanding to questions, while angel oracle decks provide another spiritual tool for insight and guidance. Ann also works with energy balancing and Vedic astrology, dedicating herself to being fully in tune with those who come to her for a reading. She says, "I offer purity in my readings to show the outcome through strong guides and signs."

Ann's guiding quote is: "Everything happens for a specific purpose." She believes there is a feeling of purpose and joy through every action taken, with experiences shaping a quantum shift towards a better reality.

Why not discover the messages, signs and insights that may be waiting for you with Ann today.



Everyone of us carry's things with us that nobody else can see. An old disappointment, a difficult memory, worries about the future, something that someone said to us, and often these 'pains' stay with us long after the event/moment has passed.

On the one hand, the things that have gone before, are partly responsible for shaping who we are today. But, **World Mental Health Day**, on the 10th October, also provides a timely reminder to question our emotional wellbeing, and whether carrying some of this baggage with us, and letting it colour our thoughts and views is actually serving us well, or whether it is long-overdue for letting go.

So, what are you carrying?

Do you consider that you have emotional baggage? It isn't necessarily obvious. Maybe you carry a lot of guilt over something that took place years before. Maybe you spend a lot of time second-guessing yourself, as if someone's words from long ago echo in your mind. Maybe you still feel hurt and harbour resentment to someone who betrayed you. Or it could be you have had a thought drilled into you from a young age, that you are not quite good enough...

It is extremely difficult to just forgive, forget or draw a line under difficult experiences. Some feelings are very strong, and deserve to be worked through properly, and with support. But we can benefit from becoming more aware of the thoughts and feelings that are weighing us down. If you asked yourself the following – what would it reveal?

- Is this something I can change?
- Is this something I need to accept?
- Is this something I am ready to let go of?

Be Kind to Yourself

This sounds so simple doesn't it – be kind to yourself. But, in practice – why is it that we find it so much more difficult to show kindness, forgiveness and compassion

to ourselves, when we would give it freely to a friend or loved one? Why do we speak so differently to ourselves, than we would to others?

It can be very powerful to turn the conversation around. If a friend or family member came to you today, with the same problem you are mulling over. How would you respond? What would you say to them? What is it that you want someone to say to you?

Self-compassion should not be mistaken for ignoring our faults, or for not taking responsibility. But it is very much about recognising that we are human, with all the frailties that comes with – we are imperfect, our choices are not always right, we make mistakes, we have difficult days and hard conversations – and that is as it should be.

The People Who Lift Us Up

Who you spend time with, can have an enormous impact on your emotional wellbeing. Carving out time for those that make us feel lifted up, in good spirits, loved, appreciated and lighter for the time we have spent with them, is what we are aiming for.

Rather than cultivating relationships with those that leave us feeling drained or diminished. Of course, connection is a two-way street, and you can't walk away from all relationships, but it is useful to recognise how different dynamics make us feel.

A Message to Take Away

- * Put down at least one old burden.
- * Speak to yourself more kindly.
- * Remember, you do not have to carry everything alone.
- * Spend the most time, with those that let us feel most like ourselves.

Wishing you great emotional health on
World Mental Health Day
and beyond.



Image - courtesy Amazon MGM Studios

VERITY: WHEN NOTHING IS QUITE WHAT IT SEEMS

Dakota Johnson takes centre stage in a dark new psychological thriller where secrets, intuition and the blurred line between truth and fiction collide.

A Story of Secrets and Suspicion

Based on Colleen Hoover's bestselling novel, *Verity* follows struggling writer Lowen Ashleigh (Dakota Johnson), who is offered the opportunity of a lifetime: to complete the hugely successful book series of acclaimed author Verity Crawford (Anne Hathaway).

There is, however, a disturbing reason why Verity cannot finish the books herself. Following a devastating accident that leaves her incapacitated, Lowen moves into the Crawford family home to study Verity's work and continue the series.

But while there, she discovers something she was never meant to see – a deeply unsettling manuscript apparently written by Verity herself. Its revelations cast the family, and particularly Verity's husband Jeremy Crawford (Josh Hartnett), in an entirely different light.

As Lowen becomes increasingly drawn into the Crawford household, she must decide what she can believe. Is the manuscript an honest account of horrifying events, a work of fiction, or something designed to manipulate those who read it? With reality and imagination becoming increasingly difficult to separate, trusting your instincts may be the only way forward.

A Star-Studded Cast

Dakota Johnson (our cover star) leads the film as Lowen, bringing an increasingly vulnerable and suspicious quality to the character as she attempts to uncover the truth. Anne Hathaway plays the enigmatic Verity, while Josh Hartnett takes the role of her husband Jeremy.

The film is directed by Michael Showalter, who previously worked with Hathaway on *The Idea of You*. Screenwriter Nick Antosca adapted the novel for the big screen, while both Hathaway and Johnson are also among the film's producers.

Interestingly, Johnson admitted in a 2025 interview that she had not read the novel before being sent the script, although she was certainly aware of the buzz surrounding it. She also described her experience making the film as "interesting" – a tantalisingly vague comment for a movie built around secrets!

Showalter has also described the film as a darker departure from his previous work with Hathaway, while Colleen Hoover has praised the Crawford house, suggesting that the setting itself becomes an important part of the story.

Watch the Trailer

With its unsettling atmosphere, mysterious characters and constant questions about what is real, *Verity* could be an intriguing choice for anyone who enjoys a psychological thriller with plenty to ponder.

Verity arrives in UK cinemas on **2 October 2026**. The official teaser from **Amazon MGM Studios** is already available to watch, offering a tantalising glimpse of the secrets waiting inside the Crawford home.

<https://tinyurl.com/fsverity>



Sunday 25th October, sees the clock go backwards in the UK, and there is no doubt that period then seems to make autumn all the more serious. The evenings are a little darker and the nights draw in quicker, summer clothes are long forgotten, the temperature drops and the heat-waves seem like a distant memory. We start talking about heating bills, hot water bottles not air conditioning are now on our minds, as we hunt down our favourite woolly jumpers, boots, scarves and gloves!

If you like the autumn and winter season, then perhaps you see the earlier darkness as an invitation and opportunity to slow down, as opposed to something to endure.

A Time to Slow Down

In this season, everything in nature slows down. Trees lose their leaves, our gardens become quieter with less foliage and colour, wild animals prepare for winter. We can use this as a reminder, that different seasons have different rhythms, and that we as humans can also benefit from a slower period, time for reflection and for re-charging for exciting times to come.

It is the perfect time to not be racing at a million miles per hour, and to turn our attention inwards, have there been things we should have noticed, have we noticed but ignored things, have we considered what we really need?

Enjoy an Evening Ritual

If you are used to running at pace throughout life, then you may feel quite resistant to a period of stillness. To help you transition, why not try having an evening ritual that sets the frame of mood each day.

It may be as simple as lighting a candle in your home. Maybe it is making a drink that feels seasonal – like a hot chocolate. It could be a warm bubble bath. For, some it may be a period of time to journal or meditate, or maybe you set up a jigsaw and spend a few minutes finding some fitting pieces each day.

There are no rules here – so just find something that works for you.

Stillness Doesn't Mean Unproductive

Very often any resistance to slowing down, is a feeling that doing so means being unproductive. But this needn't be the case. Our minds most definitely benefit from periods of rest, and your intuition is likely to be enhanced when other internal-chatter is dialled back.

Rather than trying to fill the space with activities, like watching TV, internet searching, social media browsing, or just tasks in and around the home. Allow yourself the time and space to just be, to pause, to notice the quiet – give yourself permission to let your mind wander, and to be free from being 'productive', without needing to turn every thought into an action or list of things to do.

You might just be surprised at how much more creative and at peace you feel.

Reader Profile

Poppy

PIN: 7788

*Offering heartfelt connections
with loved ones in spirit,
Poppy delivers evidence,
healing and reassurance.*



From a very young age, Poppy recognised a profound connection to the spiritual realm, hearing and seeing messages from the other side. Over years of dedicated practice, she has refined these natural intuitive gifts into a powerful force for healing.

Working Closely with her Spirit Guides

When you call Poppy, she works closely with her two faithful spirit guides to channel insightful, divine wisdom. A versatile and deeply intuitive reader, she blends her natural mediumship with a variety of powerful spiritual tools to answer your deepest questions. Whether she is looking into love and relationships, drawing wisdom from the Moon and Angel Tarot, utilising the precise direction of the pendulum, or using crystals and scrying for deep energetic insights, Poppy delivers the answers you need.

What makes a session with Poppy so exceptional is her empowering, heart-centred approach. Utilising her strong clairaudient and clairvoyant channels, she doesn't just forecast what lies ahead. Instead, Poppy shines a bright light on the root of your current challenges, uncovering hidden dynamics and revealing the absolute best pathways available for your future. Her style is the perfect balance of gentle compassion and empowering honesty.

In Control of Your Destiny

During a telephone reading with Poppy, the fog quickly clears. You will experience a deeply comforting, authentic connection that leaves you feeling instantly lighter, validated, and firmly back in control of your destiny.

Beyond her personal readings, Poppy frequently guests on popular podcasts, applying her rare abilities to look into unsolved crimes and bring fresh spiritual insight to mysteries that baffle the world.

Comfort, Healing & Peace

Finding an authentic, deeply gifted reader who really understands your heart can be a transformative experience.

So, why not connect with Poppy today, to bring about the profound clarity, validation, and peace of mind you have been searching for.

Halloween and our Fascination with the Unknown!

Halloween, has of course, long been associated with mystery and the unknown/unexplained. From ghost stories, to Séances and from haunted houses to Tarot cards, we love everything about tall tales and things that go bump in the night!

Long before, Halloween was a season of dressing-up, carving pumpkins, going trick-or-treating and eating sweets.

There was a fascination for understanding things that seems inexplicable. People wanted to know can we communicate with those that have passed away, are there things in the world that we cannot explain, but that we can seem to see, feel and experience – ghosts being just one example.



Ancestral Customs

Every culture, has its own take on Spirits, our Ancestors and the world beyond this spiritual plain. In fact, many of the Halloween traditions that we follow, even loosely today, started with customs developed from the changing of the seasons, from the closeness of the boundary beyond those living and those that were dead, and about warding off evil spirits and welcoming in positive energy.

Even though our relationship with some of these past ideas may have faded, the fascination around all things spooky has remained. Sharing a good ghost story around a campfire, visiting places that are supposed to be haunted, sharing our real-life experiences of sounds in our homes, and things mysteriously moving, appearing or disappearing, and of course our delight in watching super-natural TV shows and scary or downright horror movies.

Why Do We Love to Be Scared?

There is no doubt, that even in these modern times – living in a world that is often quite scary, for all sorts of reasons, we still seem to love a scary story – if we can watch it at full volume with surround sound – all the better. It's a curious thing, but we seem to enjoy being frightened, when we know we are actually safe. Watching a psychological thriller, a horror movie or

reading a fantasy novel allows us to experience fear, excitement and especially anticipation of what might

come next (the ultimate – he's behind you, or don't turn around, or don't go in that room feeling), but without actually being in any danger. It gives us permission to delve into the darker and stranger sides of life, free from the knowledge that the boogey man can't really get to us.

Of course, films, books, TV shows and history

surrounding Halloween can also spark our curiosity and feed into some of life's bigger questions. Do we know things, are we being given messages, or do we just have a really keen sense of trusting our gut instincts, or a highly developed intuition. Ultimately, is there a consciousness beyond what we can feel, see and experience?

A Developed Sense of Spirituality

Those that have a well-developed sense of spirituality, have probably considered these questions and more, at Halloween and beyond, and are more than likely accepting that some questions will always remain. Spirituality isn't ever really about certainty, but about remaining thoughtful and open to all possibilities.

So, as you head into this year's Samhain, why not take a moment to consider what the unknown means to you. Do you feel curious, and like it is something to investigate, fearful and like you'd rather not know or understand, or do you just simply put it down to yet another of life's great mysteries!

Wishing you a fantastic Halloween, we hope you carve a pumpkin, enjoy a ghost story and embrace the mystery of it all...

The Healing Power of Hope



As you may already be aware, the month of October, is an annual event for Breast Cancer Awareness. It has been a successful campaign, in raising awareness, talking about screening, that help towards early detection as well as offering support to those affected by Breast Cancer.

Of course, a cancer diagnosis of any variety, not just breast cancer – brings up a mix of emotions for the patient, but also all of those that know and love them. There are very often practical considerations, like medical treatment and continuing to manage home and work responsibilities, potential financial repercussions, from travelling to medical facilities, parking costs and time off work. And the emotional side of things, the inevitable questions, how did I get this, why me, what is my prognosis and so on. The theme running throughout all of this, is the need for a human connection, when the dust has settled and you've waded through all of the jargon and realities, there is a need for reassurance, connection and above all – hope.

HOPE NEVER QUITS

Making Space for Hope

Having hope, isn't the same as glossing over the facts and pretending that everything will be fine. Sometimes, it might be as simple as trying to find one bit of positivity in each day.

Spending time with people that you love and enjoy the most, carving out space for the things that bring you joy, and trying to pencil in some things to look forward to can be really helpful.

We are allowed to have small moments of happiness, even when things seem dark, gloomy and uncertain. It won't of course erase difficult feelings, but joy and happiness and hope can live alongside.

Lean on Others

There is no doubt that a cancer diagnosis will have you ride a roller-coaster of feelings. At points you may feel like you need to put a brave face on things, and remain positive, even though you have a hill to climb. On other days, you may genuinely feel hopeful, and at other times feel angry, frustrated and frightened. All of these feelings are totally valid. Try to be kind to yourself in these moments, and not judge yourself for having these emotions.

Those darker days are the time to lean on others, don't feel like you have to go through things alone. Reaching out is not a sign of weakness, it just lets us navigate a situation that doesn't have a road-map without feeling alone. Speak to your family, your friends, your co-workers and your medical team. There are also many charity organisations and support groups that can put you in touch with some people on a similar journey to you (see below).

Finding the Light

Finding, something that allows you to find the light in the darkness is crucial in times like these. It might be prayer, meditation or spiritual practises; whatever form it takes, hope can be found in so many places.

Breast Cancer Awareness Month is a great opportunity to raise understanding, not just for this cancer, but for all people being diagnosed and suffering with some sort of cancer. We can all remember the importance of compassion for ourselves and towards others.

Plus, it is crucial to remember that sometimes, we just have to take things – one-day-at-a-time.

Useful Organisations

Breast Cancer Now - 0808 800 6000
breastcancernow.org

Macmillan Cancer Support - 0808 808 0000
macmillan.org.uk

Cancer Research UK - 0808 800 4040
cancerresearchuk.org

Marie Curie - 0800 090 2309
mariecurie.org.uk



The Magic of Apples

Few fruits feel quite as connected to autumn as the humble apple. From traditional orchards heavy with ripe fruit to a warm apple crumble on a chilly evening, apples are part of the changing season.

But throughout history, the apple has represented far more than food. It has been associated with knowledge, temptation, love, fertility, abundance and even immortality – making it a surprisingly magical fruit.

More Than Just a Piece of Fruit

Apples appear in the mythology and folklore of many cultures. Their round shape and abundance of seeds have contributed to associations with fertility and prosperity, while their ability to be stored through the winter made them a symbol of sustenance and preparation.

Perhaps the most famous story is the forbidden fruit in the Garden of Eden, although the Bible itself doesn't actually identify the fruit as an apple. Over the centuries, however, the association became firmly established in Western art and culture.

Apples also appear in Greek mythology and Celtic folklore, where they have been connected with otherworldly realms and immortality.

A Taste of the British Autumn

Here in Britain, autumn is traditionally a wonderful time for enjoying apples. Bramley, Cox, Egremont Russet, Discovery and many other varieties each have their own flavour, history and character.

There is something wonderfully grounding about eating food that has grown close to home and following the natural rhythm of the seasons. Autumn's harvest reminds us that nature works in cycles: growth, ripening, letting go and beginning again.

A Little Apple Magic

You could even turn an ordinary apple into a simple moment of intention:

- Choose an apple and hold it for a moment before eating it. Think about something in your life that you would like to nurture over the coming months – perhaps a relationship, a personal goal, a new opportunity or simply greater peace.
- As you eat the apple, imagine yourself nourishing that intention too.
- There is no need for elaborate rituals or complicated ingredients. Sometimes the most meaningful spiritual practices are the simplest ones.

So, as **Apple Day** arrives on **21 October**, celebrate the British apple in all its delicious variety – and perhaps spare a thought for the fascinating symbolism hidden inside this very ordinary piece of fruit.

Astrology

With our expert:

Chrystalyte

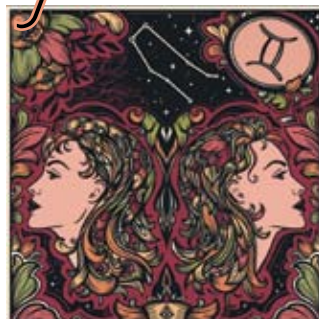
Welcome to Free Spirit's in-depth horoscopes for October 2026



Mercury in a fight with Mars at October's start suggests that certain conversations get off to a blazing start! It could be vital to appreciate what someone else really wants for any real progress to be made. Mars will line up neatly with Neptune quite quickly, though, so do trust your intuition and let clever ideas and solutions filter in, in a natural way. Mars in Leo suggests that confidence will build as you go, so remember that the Universe will have a way of turning up to meet you.



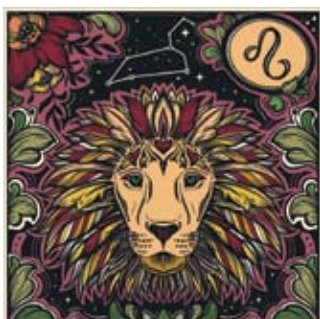
Venus shifts safely away from a confrontation with fiery Mars as October opens, but you may sense tensions in conversations between others. It might be best to keep a little underground for a while, where you can shut some of the outside world out and focus on deeper, private work. Because Venus goes retrograde early in the month, there may be more of a rumble around that dodged confrontation on or near the 10th. Playing cards close to your chest might backfire, so be willing to give a little then.



Mercury in Scorpio puts the planet in line for a roughing up by assertive Mars. Don't be too surprised if something left unsaid leads to more trouble than if you did say what you think or know! Though not a major issue, it could be temporarily distracting when someone demands facts and details. Mercury turns retrograde around the 24th, so expect to discover more about a situation that has been unclear or covered up. A happy meeting of Mercury with love planet Venus could meanwhile signify a highly positive connection.



Mars's move away from Cancer may mean that certain projects are now more afloat and you can take your foot off the gas, at least somewhat. The Sun in Libra is in tune with the active, leadership side of Cancer and can mean you have greater support, especially from like-minded people. The period around the new Moon on the 10th is particularly beneficial for developing new projects. By the 26th, time of the full Moon, it could be timely to let go of anything that feels too costly on resources.



Mars in Leo should bring a continued boost of energy and motivation this month. Make hay while the sun shines! Mars is still a bit behind Jupiter in Leo, so consider steps ahead as part one of a larger project, the fruition of which might seem more obvious into next month. The placement of the Sun in Libra suggests you have allies around, or can at least make some new friends if you are willing to be open and hospitable. Try to not to fret around anyone being less open.



Mercury in Scorpio could coincide with feeling the need to keep a few matters under cover. It can be as simple as needing peace and space to yourself, so you can get on quietly with some tidying up! Or with focusing in on a project that requires a lot of concentration. Others around you may also be keeping themselves to themselves, but it's nothing to worry about. Mercury turns retrograde in October's third week, so expect such trends to continue a while. They may afford opportunities for deep, meaningful progress.



The Sun in Libra for much of this month helps with getting projects launched and/or more supported. Maybe particularly around the time of the new Moon on the 10th. If something feels like a slow burner, it could be just about waiting until other people are ready and more available to come forward. So don't give up on anything that's close to your heart. You may need to keep a few things quiet for a while, with a strong emphasis on nearby planets in Scorpio. Your discretion will be valued.



Scorpio builds like a powerhouse this month, with Mercury hot on Venus's tracks there – and the Sun to follow from around the 23rd. Yet Venus and Mercury will both turn retrograde, on the 3rd and 24th respectively, which suggests you are delving further into the past. You may well be reconnecting with past contacts, who can help you more now, or vice versa, you assist them. There may also be a chance to get a situation back to how it once was, more or less, bringing valued peace of mind.



Jupiter still has a smooth path in Leo, helping to keep the goodies coming this month! But you may find other people are envious and want a piece of the action. Not that this has to be a great problem, so long as you are willing to share some of your good fortune. The Sun in Libra brings opportunities for good connections and developing friendships, with just a little extra effort. Some special healing could occur towards the end of the month once you're open to acknowledging a particular problem.



The Libran Sun moves in opposition to Saturn in the first half of October, making it a little harder to weather certain storms. The good news about any grotty weather is that does eventually change! Even the gloomiest of cloud passages will blow over. Try not to assume the worst if a situation isn't all roses just temporarily; it's bound to be a passing phase. Mars in Leo could bring unexpected support around mid-month. Luck should change for the better by, or soon after, the full Moon on the 26th.



Uranus in Gemini seems almost immune to some of the trickier stuff indicated by planets now in secretive Scorpio. Perhaps you are just in the right places at the right times! Or, with Mars in Leo nearby, you just have useful resources at your disposal to handle any possible hiccups or setbacks well. The Libra new Moon around the 10th could mark a time of positive connections, when you're around agreeable people. Uranus in retrograde motion makes past links extra valuable. Don't be shy to follow up with old contacts.



Neptune's continued retrograde course may make it seem like you're chasing a dream that keeps fading. Yet, if it's really important, chase it you must. Uranus in Gemini is also retrograde and hints at support from unexpected sources. Don't forget that Jupiter is the classic Pisces planet & currently roaring through Leo, helps with being bolder & brighter where those qualities are valued and needed. Mercury and Venus in Scorpio could support a little recuperative downtime, helping you express your needs in various subtle but powerful ways.

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