

FREE SPIRIT

May 2024

FEATURES

Familiars, Beltane, Moving Home,
Ladders, Stairs and more Cups!

PLUS

May Horoscopes
& Reader Profiles

Larsen Thompson

Has she been dealt a bad hand,
or is her fate in the cards?

discover your future, release your past

Editor's letter

Spring is well and truly in full swing, the Chelsea Flower Show is just around the corner (21st), and we have two bank holidays this month (6th & 27th). Psychic Reader Vanessa catches up with this season of Beltane and all it has to offer.

Hopefully, you have been enjoying our recent articles on pets and animals. Reader Sarah talks today about 'Familiars'. Plus, on the reader front - we welcome back Toby (PIN: 2333). Read his interesting story, which includes a Bacardi & Coke on page 10!

If you are moving house this Spring, then check out page 11 for superstitions you should be aware of. We also continue our signs & symbols series by looking at ladders & stairs.

In Tarot this month, it is the turn of Cups, cards 8 through to King. Talking of Tarot - that also happens to be the title of our film review (see page 8). Be warned; it is a horror movie!

Of course, we have May's horoscopes and we explore Archangel Michael and Aura colors. Enjoy the month!

Charlotte

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Ellie

PIN: 1180

Ellie is a clairaudient, clairsentient and spiritual medium from a Turkish gypsy background. She can tune into the soul of a person and see the questions that need answering without that person having to say a word.



Kelly

PIN: 2444

Kelly does not ask any probing questions; you will find she immediately tunes in with you. She connects to Spirit to channel reassurance about your dearly departed loved ones. Her expertise is in; guiding folk on their life journey, offering healing and awakenings.



Mary

PIN: 5055

Mary is naturally sensitive and an intuitive psychic, medium and clairvoyant; who offers straight-to-the-point readings. Energy readings are one of her specialities; she can pick up on emotional, physical and psychological blocks without hesitation.



Michaela

PIN: 3232

Michaela's life experience and abilities with Tarot and Angel cards make her particularly good at readings involving all types of relationships. When her partner ended their relationship suddenly, she turned to Spirit and successfully rebuilt her life.



Pauline

PIN: 3798

Pauline inherited her gifts from her family. Her speciality is relationship readings; she also likes to bring in Tarot/Angel cards, especially when she needs to tune into her guides. Pauline finds Pendulum work can assist when a yes or no answer is required.



Ruth

PIN: 2022

Ruth has devoted her life to spiritual development; she feels that continuing change and the ability to adapt are significant in our life journey. Ruth works closely with her angel guides with dedication and sincerity to effect change in the lives of those that call.

All calls are recorded; the caller must be 18 or over and have the bill payer's permission.

Readings under UK law are deemed to be for entertainment only. Helpline: 0800 156 0580.



Familiars, sometimes referred to as witch familiars, are animals and guides that aid in a person's spiritual connection to nature, their spiritual practice, and even day-to-day life and companionship. You may be aware of familiars from popular culture such as various fantasy films and books where people with magical powers have an animal companion who is closely bonded to them. If you reflect on it, I am certain you can envision several examples of this phenomenon... even Disney Princesses always seem to have a familiar by their side!

Familiars are not simply restricted to people who practice witchcraft or other spiritual crafts though. Having a deep connection with an animal can happen to anyone and once this connection is made it can continue even after one of you has passed over into the spirit realm. A person may have more than one familiar over their lifetime, each one bringing its own knowledge and experience into that person's life, however not every animal or pet you connect with will be your true familiar or even have the potential to be so.

There are no restrictions whatsoever as to what animal your familiar may be. Common pets are obviously the most popular choice for many people, as they are the animals with which they connect

most frequently (perhaps cats or dogs should come to mind here). However, less obvious animals such as reptiles, fish, horses and birds are also among the animals well known to lend themselves to familiar status.

When you meet your familiar, there will be no doubt in your mind that you have made a connection and bond for life. You are probably imprinted on each other in a none literal (or sometimes literal) way, in that you act as if you were in a partnership together. Perhaps you have a pet or animal in your life who responds to you in a completely different way than they do with other people.

Another factor which may influence which animal you connect to as your familiar is your zodiac sign. Each sign has an elemental affinity, be that Water, Earth, Fire or Air. This could influence which animal you bond with, however from personal experience I would say do not to use this as a rule. Your familiar may surprise you!

Whichever animal you connect with and whenever this happens in your life, enjoy the experience of finding a bond that will last forever!

Best wishes,
Sarah, PIN: 9888



Archangel Michael

The name Michael originates from Hebrew, meaning "who is like God," which reflects his unwavering loyalty and devotion to divine will and is a fitting description for one of the main Archangels believed to be closest to our Creator.

Michael is often portrayed as the most powerful Archangel, engaged in the eternal battle between good and evil. In various artistic representations, he is shown wielding a sword or spear, holding scales, or triumphing over Satan depicted as a dragon. He is believed to be the leader of the army of God and is associated with courage, strength, and guidance. In Christian tradition, Archangel Michael is considered the patron saint of soldiers and is venerated for his role in defeating evil forces.

Michael's assistance is available to everyone but particularly sought after by those facing crises requiring urgent intervention. When called upon during emergencies or when protection is needed, Michael responds swiftly with courage and strength to navigate challenging situations effectively.

Many individuals turn to Michael for support in conquering fears, ensuring safety in perilous circumstances due to his exceptional strength and protective nature. Seeking guidance on self-esteem, motivation, or life's purpose can also benefit from invoking Archangel Michael's healing light. Known for clear communication, his presence may manifest through mental images or feelings of comfort and warmth.

As the Angel of Death in some beliefs, Michael aids souls transitioning into the afterlife besides offering solace to those nearing their end. If struggling with confidence issues or communication barriers like expressing oneself freely, Archangel Michael can assist in unblocking the throat chakra and facilitating effective communication with others and higher realms.

One can trust that Archangel Michael's protective blue light envelops them continuously while he and his angelic companions watch over them diligently.

Why not have a reading that incorporates angelic guidance?

Adele, PIN: 3622 - Through her gifts Adele can connect with the future and meet the angels in their purest form. She is completely open to all sorts of possibilities and is highly receptive to angelic guidance. Intuitively she perceives the eternal which dwells in love.

Ellie, PIN: 1180 - Ellie's medium abilities enable her to open the doors of the gateway and communicate with loved ones who have passed over, she talks to elders about the purpose of life and what lessons you are expected to learn on your own journey, and she asks for assistance from angels for healing and good fortune.

Robbie, PIN: 3443 - Robbie is a very positive and powerful trance medium, healer and intuit. A natural psychic since childhood, he works with his Samurai guide Yashubi and Archangel Metatron to connect with your guides for whatever particular worry or concern you may have.



Image: Renata Sedmakova / Shutterstock.com
Archangel Michael from St. Peters Church in Old Jaffa, Tel Aviv, Israel from circa end of 19 century.



What colour is your Aura?

An aura is an energy field around your body, and your own aura is how your energy is expressed and can be read. The aura is emitted from every part of our body; think of it as if you were glowing, but instead of light, you are glowing with energy. Many psychics have the ability to see auras, but they can also be seen by anyone with a little practice using our "third eye." The shape and colour have very precise meanings as our auras change depending on how we are feeling and what type of person we are.

Colours

- **ORANGE** represents a challenge we are facing or can indicate that we are overcoming a challenge with courage.
- **YELLOW** signifies that we are open to communication and especially perceptive; hence its association with psychics.
- **GREEN** can symbolise growth, learning, healing, or even a new beginning.
- **BLUE** denotes sensitivity, feelings, peacefulness but can also be linked to healing and the need for healing energy during an illness.

- **PURPLE** is another colour often associated with psychics, spirituality, and deep thought.
- **RED** is an intense colour representing anger yet power; it signifies being energetic or competitive – individuals with this colour tend to be more physical.
- **BROWN** symbolises the earth and represents people who are down-to-earth and sensual.
- **GREY** indicates business-like qualities while showing a level of organisation.
- **BLACK** suggests pressure and tension but could also imply injury or dysfunction.

These colours may appear in any combination within someone's aura but must also be interpreted based on their presentation: strong bright colours with a uniform shape around the body hold more significance compared to weak fuzzy colours. If a colour hovers directly above the body, it may relate to the person's health or level of physical energy; if surrounding the body, it could represent aspects of one's life or environment. Colours near the head and shoulders should reflect an individual's state of consciousness.

A psychic or clairvoyant will be able to see your aura and give you a full reading. However, you can also practice by trying to focus your own "third eye" on your aura. To do this, look into a mirror with a white background behind you. If you stare back at yourself and focus on your brow for a minute or so, you may begin to see faint colours around your body. But as you move your gaze, these colours will disappear. Try shutting your eyes for a few seconds before starting again. With practice, anyone can train themselves to see their aura.

For a reading with an auric element, why not try the following psychics:

Bryony, PIN: 2727 - A very spiritual reader, Bryony works with her guide to tune into your energies and auras to assist you in your journey, bringing balance to your life, along with real peace and joy.

Ellie, PIN: 1180 - Ellie can read your aura colours to look into your destiny and say so much about your future, leaving you feeling uplifted and enlightened and much surer of your pathway.

Joanna, PIN: 4567 - Joanna will read your aura and get to the heart of the matter, letting you see things through her eyes. She will guide you so you can counteract negative influences around you, letting Spirit shine through.

Wheel of the Year: Beltane

Written by Vanessa,
PIN: 3900

The festival of Beltane is celebrated on May Day, the 1st of May, and it sits around halfway between the Spring Equinox and Summer Solstice. Beltane seems to have its origins as the Gaelic May Day festival, widely celebrated in Ireland, the Isle of Man and Scotland.

The beginning of May was the time that cattle were traditionally moved onto the summer pastures, and before going onto the fresh fields they would have been driven between two magically purifying bonfires. It was hoped that this would protect the animals from disease, ensure the fertility of the herd and offer protection from enchantment by witches and faeries who were thought to be abroad on the May Eve. Similar to Samhain, the belief was that the veil between the worlds was thinnest at this time.

Homes and barns would be decorated with yellow blossoms to symbolise the fires lit to purify and protect, and the fire in the hearth would be extinguished before being re-lit from the Beltane bonfires.

The dew gathered on the May morn was believed to have the power to enhance the beauty of any lady who bathed her face in it and could bestow youthfulness upon her.

As Christianity spread across the Celtic lands, the festival became adapted to include visiting Holy Wells and putting garlands of flowers and greenery, ribbons, and shells around them.

In more modern times, the celebration of May Day has become associated with Summer just beginning, nature



at the peak of its loveliness with bright green leaves on the trees and flowers in the hedgerows. It is customary to bring flowers into the house, create a floral wreath to wear in the hair, and make a May basket filled with flowers to give to a friend for health and good fortune.

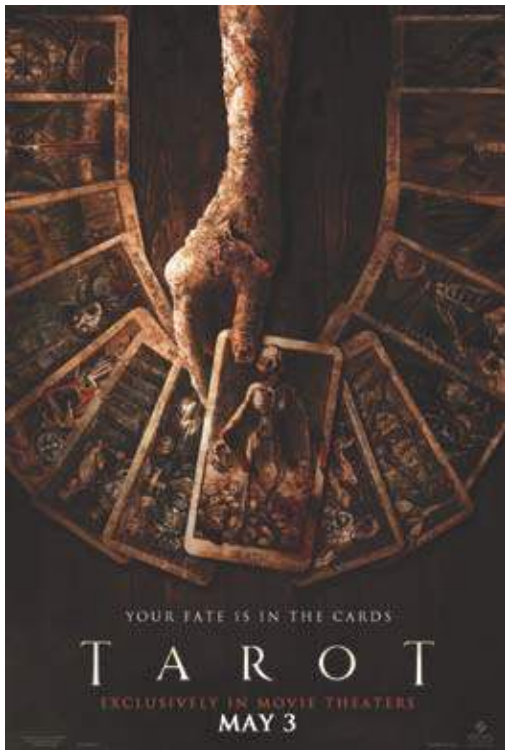
In villages and towns across the land, maypoles were erected and festooned with ribbons of different colours, and folk danced around the maypole, weaving intricate patterns in the ribbons. These dances were accompanied by music and feasting to bring in the new growth and fertility of the season, on this first day of Summer. Indeed, you might remember dancing around the maypole as a child since this tradition was still commonly practiced until quite recently.

Since the essence of May Day is to acknowledge the arrival of Summer and the flowers and fresh growth around us, it's nice to bring in the flowers of May to our homes. Perhaps just create a corner of a room that is filled with greenery and flowers and a green or a yellow candle, some ribbons, and shells. Enjoy the bright colours and the scent of the May blossom and allow yourself to feel renewed and accept the energy of the Summer that is just beginning.

If there's still some work to be done on a project you have been working on, this is an ideal time to complete the task. The vibrant energy of early Summer brings enthusiasm for completion, and the resolve to get the job done.

Taking our cue from Mother Nature we can bring fulfilment and joy forward into the summer months. I hope that your Summer will be one of creative energies and realisation of your hopes and dreams.





TAROT

Although horror films are not typically our first choice for featuring in Free Spirit, we couldn't resist showcasing a film named Tarot!

Horror enthusiasts can look forward to a new chilling story to captivate them as *Sony Pictures* unveils a trailer for *Tarot*, an upcoming supernatural horror movie. Formerly known as *Horrorscope*, the film now bears its more suitable and straightforward title. Scheduled for release in UK cinemas on the 3rd of May, the trailer presents eerie and atmospheric visuals that effectively hint at the horrors awaiting viewers. It also offers a glimpse into the thrilling narrative that will unravel on screen - watch it if you dare!

Cast

The movie features a diverse group of actors, with *Larsen Thompson* (featured on our cover) leading the cast. Also starring are *Avantika*, *Adain Bradley*, *Harriet Slater*, *Humberly González*, *Olwen Fouéré*, and *Wolfgang Novogratz*.

Although the *Tarot* cast does not include any major celebrities, all of its actors have demonstrated their talent in prior projects. These include roles in *Indiana Jones* (*Slater*), *Bradley* in *Wrong Turn* and *The 100*, *Avantika* in the *Mean Girls* remake (2024), and *Thompson* in *Netflix's The Midnight Club*.

Plot

The film focuses on a circle of college friends who face a life-or-death challenge when they break the sacred guidelines of Tarot readings. Even though this upcoming film shares similarities with movies like *Ouija* or *Talk to Me*, its unique and chilling visuals promise to offer viewers an exciting horror adventure.

Certain entities in this world are best left undisturbed. One such example is meddling with another person's Tarot deck. This film serves as a reminder of the importance of respecting boundaries and avoiding unnecessary risks when it comes to delving into unfamiliar territories.

Audiences should avoid forming strong attachments to any characters in the movie. The trailer reveals that each character will be targeted by a distinct dark entity, implying not all will survive until the end. The evil beings depicted seem to be inspired by Tarot cards, with figures such as the High Priestess and a jester-like entity coming to life to pursue their victims.

Trailer

Images and Trailer courtesy of *Sony Pictures*:
www.tarotmovie.com/trailer/



Someone's been leaving the attic light on again!

signs & symbols



A ladder or staircase for some, symbolises a pathway to the divine, with each rung or step denoting a spiritual milestone or heightened consciousness during the journey upwards, or a descent into a fiery underworld. These structures are commonly linked to concepts of morality, where various levels signify the transition between earthly and celestial domains.

Ladders and Stairs

- LADDERS** The ladder is a widely recognised mythological symbol commonly seen as representing the attainment of inner completeness. It is linked to the two trees in Paradise: The Tree of Knowledge and the Tree of Life, connected by steps symbolising spiritual enlightenment.

In the Bible, there is a well-known ladder linked to *Jacob's dream* in the Old Testament. Escaping his brother's wrath, *Jacob* rests with a stone as his pillow. He envisions a ladder reaching the heavens, with angels moving up and down. At the ladder's peak, God bestows blessings and assures *Jacob* of protection on his path. This story illustrates how ladders represent connection between spiritual and physical realms, as well as between unconscious and conscious aspects of oneself.

In certain societies, the quantity of ladder steps denotes the challenges needed to achieve self-awareness or enlightenment. In Buddhism, for instance, there are seven steps mirroring the seven heavens and stages of awareness. Ladder rungs can represent levels or steps, as seen in church altars where priests stand higher than congregants, or in royal settings with thrones denoting elevated status.

- STAIRS & SPIRAL STAIRCASES** Stairs and ladders share a deep connection in meaning. Various floors indicate different cosmic levels and stages of enlightenment. A spiral staircase goes beyond, signifying a complex journey with uncertainties. Both stairs and ladders involve movement in two directions - upwards and downwards. Climbing a spiral staircase often means not seeing the end, mirroring life's unpredictability where the path ahead remains unknown.



- CONCLUSION** The classic game of snakes and ladders represents the journey of spiritual growth, illustrating the progress upwards and the unexpected setbacks symbolised by the presence of snakes.

Reader Profile



Toby
PIN: 2333



Toby is a natural clairvoyant of Celtic descent. He employs various tools to delve into the heart of matters, with his preferred method typically starting with Tarot and then progressing from there.

During readings, Toby's goal is to present options for moving forward and offer clients choices or potential outcomes based on their circumstances. He has explored numerous forms of divination over the years and consistently seeks to acquire new knowledge to benefit his clients.

Toby comes from a family with inherent psychic abilities, albeit none of them would use the word psychic since they are too down to earth! Toby has gleaned wisdom from others and generously imparts his own knowledge as needed. Additionally, he practices white witchcraft and willingly assists those interested in this area.

As both a reader and individual, Toby exudes warmth, kindness, and compassion; he takes great pleasure in uncovering the core issues affecting his clients. His philosophy revolves around assisting to rebalance situations when people are unhappy.

If asked, Toby would say that over the years he has guided many people using whatever tools were at his disposal, two of the weirdest being a Bacardi & coke and an ashtray!

Toby aims to provide well-rounded, uplifting readings infused with empathy and delivered in a practical manner. Specialising in problem-solving, Toby offers solutions in a straightforward yet empathetic way.

Testimonials:

What an amazing reader Toby is! He picked up situations so quickly and described people and circumstances with precision that's blown me away. I was having a pretty sad day and he picked me up with his kindness and his words. All he said about my situation was reality. I can't wait for his predictions to come to pass. What a kind soul. Blessings Leah

I've never known a reader to get straight to the point and connect as quickly as Toby did. He delivers the information very quickly without waffling or asking questions. The reading he gave me surrounding my current situation was extremely precise and delivered with compassion. Highly recommend.

Anon

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Home is where the heart is...

Traditionally, spring is when the property market heats up, and people buy, sell, and move into new homes. A home is more than just bricks and mortar; it should provide security, shelter, and a sense of belonging - a feeling of being grounded. Therefore, it is no surprise that people take steps to guard against practical issues with insurance. However, many may also be interested in warding off superstitions by attracting good luck and prosperity.



- It is hard to plan around, but it is thought to be bad luck to move property on a **rainy day!**
- Many house moves are timed to happen on a **Friday**; however, this day of the week is considered unfortunate for many activities, including big moves.
- It is better to time a move with a **Waxing Moon**, as this signifies a positive time of the month - full of promise and beginnings.
- When moving to an apartment, especially one in the same building, **never go down a floor.** This is taken literally to mean "going down in the world."
- When moving, you should either take certain things with you or hope that they are offered to you as **housewarming gifts**:
 - COAL** - to keep you warm always.
 - CANDLE** - so you will know light, even in the darkest of times.
 - BREAD** - to ensure you never go hungry.
 - SALT** - to add flavour to your life.
 - HONEY** - for always knowing the sweetness of life.
 - WINE** - so thirst is never an issue.
 - OLIVE OIL** - for good health and well-being.
 - COIN** - symbolising prosperity for you.
 - BROOM** - helping you sweep away your troubles.
- Before settling into your new home for an auspicious start, it is tradition to **sprinkle salt** into any hearths and the corners of each room. If you have children, this task is further enhanced if they carry out the ritual as they bring even more purity.
- If you received a **broom** as a housewarming gift (as mentioned above), be cautious about where you place it. If left by a bed, spirits may jump from the bristles to the bed, casting a spell in their path! Similarly, you might not want to leave it propped up in a corner - this could attract strangers to your home, which may not always be desirable unless they happen to be your new neighbours bearing a welcoming gift!

THE MINOR ARCANA CUPS CONTINUED



Today, we are progressing with our exploration of the Minor Arcana. Last month, we discussed the Ace of Cups and cards 2 to 7. This time, we will explore cards 8, 9, and 10 along with the Page, Knight, Queen, and King cards.

THE EIGHT OF CUPS

If you had to sum up the Eight of Cups in two words, they would be: endings and abandonment. At first glance, that sounds quite bleak, but some endings occur naturally, and after an ending, there is usually a new beginning!

Quite often, this card relates to the end of a romantic relationship. It could have been a short union where both parties come to the conclusion that the time you spent has come to an end and a long-term future is not on the horizon. On the other hand, it could be the breakdown of a long-standing relationship or marriage. It is likely that you have both known you need to separate for some time, but it has taken until now for one of you to have the courage to say things out loud. This card may occur after something has shifted in life that has highlighted how you have grown apart. Perhaps children have left home or you have embarked on retirement only to realise you no longer have enough common ground.

The Eight of Cups sometimes has a full moon depicted in its design, which is a classic sign of an ending and a reminder that as one cycle ends, another begins. You may well be mourning the end of your relationship but take hope that at some point in the future, you may feel liberated and excited for what is to come.



NINE OF CUPS

The Nine of Cups is a great card to have in a spread. It indicates that you are in a period where everything is going your way, and you may even accomplish a long-held dream.

This card does not describe specific life areas experiencing success, but the other cards in your spread may provide clues. It could signify aspects such as a

loving relationship, preparing for a significant event, welcoming a child, financial prosperity, or spiritual fulfilment. Whatever it represents, your emotional needs are being fulfilled, and the desired outcome is within reach.

Similar to many Minor Arcana cards, there is both a warning and a message with the Nine of Cups. It serves as a reminder never to take good fortune for granted and advises against becoming complacent or resting on our laurels.



TEN OF CUPS

The Ten of Cups is another great card; it is full of joy, optimism, contentment, and happiness. It represents the culmination of something you have wanted or have been working towards.

If you have been struggling with illness or having a turbulent time in life, this card indicates that the tides are changing. The Ten of Cups is a positive card that provides lasting and dependable happiness.

This card often relates to a new home and family dynamics. You may have moved or be considering moving, perhaps to a place with more open space. This move will bring much contentment to your family, especially any children. You will put effort into making your new home your own and feel comfortable and grateful for everything you have at home and in yourself.



PAGE OF CUPS

The Page of Cups could be referring to a situation. If so, it is likely that this situation is in the early stages and thus fragile.

For instance, it may describe a very new relationship where both parties are still on their 'best behaviour'. It's hard to determine at this stage whether things will be enjoyable for a while and then fizzle out or if you were meant for each other and will go the distance. Either way, you will treat things with caution and nurture things along.

The other cards surrounding the Page may also indicate if this card represents a spiritual awakening for you. Alternatively, you might be on the brink of starting a creative project,

entering a period of study/teaching or embarking on a new direction in life. These experiences will soften your approach towards others and make you more accepting in general.

The Page of Cups may also depict a person, probably someone quite young who enters your life. They are considerate and sensitive; you appreciate their loyalty and good nature. While this person may not play a major role in your life, their brief presence leaves a lasting impression and holds significance during that time.

KNIGHT OF CUPS

Have you been weighing up the pros and cons of a new path in life? Or are you considering finally taking the plunge on something you have wanted to do or experience? If so, then the Knight of Cups is just the suggestion you have been looking for. Follow your heart; it will make you happy!

You may feel caught up in a whirlwind of excitement as you enter a busy and lively phase of life. This endeavour may be creative, artistic, spiritual, or travel-related. You may even move house. However, as you grow and develop on this journey, it will provide a lot of satisfaction and pleasure. Wonderful opportunities await you.

If the Knight of Cups represents a person for you, they are likely to be on the periphery of your life. Perhaps any affection you hold for them fluctuates over time. Or maybe they were once significant but not anymore. If this relates to a current relationship, then while romance feels heady and exciting, there might be a warning at the back of your mind signalling that 'it is too good to be true.' Heed the advice!



QUEEN OF CUPS

In many scenarios, the Queen of Cups represents a mature woman whom you admire. The card suggests that it would be beneficial for you to express some of the traits that this woman possesses.

Perhaps this individual embodies the classic Earth Mother archetype - maternal in instinct, considerate, empathetic, and unafraid of her emotions. She may not be overly concerned with appearances, focusing instead on cherishing her family and friends while creating a safe nurturing environment at home.

It is highly probable that she is involved in a caring or healing profession through work or volunteering and may possess intuitive gifts. She appears attuned to global events, showing sensitivity towards those in distress around her.

Despite her admirable qualities, she might seem slightly distant to you. It could be that she keeps a part of herself reserved or simply has numerous commitments occupying her time. She likely selects her company wisely and takes precautions to ward off negative energies.

KING OF CUPS

The King of Cups may describe someone you know. Perhaps this man is already centre stage in your life? He is probably widely respected and an authoritative figure. Although friendly and helpful, he seems to have a self-defence mechanism in place that keeps him slightly apart from you.

This figure likely has an advisory role in life. Perhaps he is a mentor, counsellor, teacher, or works in a health field. Often, The King of Cups is a spiritual authority, whether that is their occupation or their calling. For example, if he is a doctor or minister, it may explain why he has to stay reserved up to a point so he can do his job without taking the world's emotions onto his shoulders.

Your takeaway from this card could be to show your emotions more. Do not be afraid to be demonstrative with those you love and care for. Don't always feel that you must keep your feelings to yourself - open up and trust more.



Astrology

With our expert:

Chrystalyte

Welcome to Free Spirit's in-depth horoscopes for May 2024



Aries

It's like the start of spring all over again as Mars moves through Aries, bringing extra zip and speed, so that you can make immense progress. Perhaps some of this is to do with external manpower, but you may also have more internal oomph available. While not everyone will be able to keep up pace, that probably won't matter. You are a veritable whirlwind when you want to be! Even so, try to build in some calm around the 11th and 19th, when more measured decisions and actions pay off.



Taurus

With the new Moon in Taurus, May is a month for acknowledging and refreshing those areas where loyalty and stability mean so much to you. There may be friendships or other relationships that show this support and which you know are worth keeping on investing in. There could also be something new coming on board that's going to have this quality for the future, offering ongoing sustenance. The physicality and sensuality of your relationship with the Universe also matter more; focus on which facets bring the greatest satisfaction and joy!



Gemini

May offers the chance for a more even journey, even if its route differs midway, with Mercury entering into Taurus, focussing on ways to create solid results and build more stability. Meanwhile, Mercury in Aries helps you move fast to breeze through a stack of tasks. There may also be ideas that are simply fun to notice and explore! Around the 17th, a powerful link with Pluto indicates the need to let something go, so you can experience healing. Focus on creating space to let thoughts and emotions run freely.



Libra

What you may not realise, but which could become clearer this month, is that the footsteps of the past have left significant imprints, which will help to support your path in the future. There may well be a reconnection with someone significant soon, or revisiting a place that has been foundational for you. Recognising what remains of value, and that which can now be discarded could provide a major breakthrough. Venus linked creatively with Saturn in midmonth indicates that other people can be there for you more than you expected.



Scorpio

A stunning Pluto-Venus as the new month kicks off could make it arrive with a bang! Remember that anything that seems to have fireworks around it might deserve extra attention. This is the perfect time for letting go of what you sense just isn't working, so you can turn your attention to something else that might do. Scorpio is a sign associated with power connections, yet you may have to work around wherever you feel quite powerless to, paradoxically, regain a real sense of power – or at least greater peace!



Sagittarius

Jupiter's last days in Taurus occur during May's first three weeks, when there will also be a Taurean new Moon. It could be there's one last push needed at carving out a secure path for yourself in a certain area. Don't give up before you've turned over every stone, or just because there's a final hurdle to get over. What might become clear is that you actually need more time, but you could nonetheless gather together the bones of a game plan or foundation that will support you more long-term.



Cancer

Planets collecting in Taurus, alongside May's new Moon, are in tune with beneficial opportunities coming your way to create a more solid future for yourself. This may relate to social networks as much as to financial stability; perhaps even interlinked together. Since outer planet Uranus is part of the significant lunar picture, you may also be in touch with a need for distance from certain involvements. It's up to you to decide where to create space or, alternatively, close a gap because there are people or situations you now miss.



Leo

With every new Moon comes a mirroring of solar energy and this month it zooms in on the aspects of life that bring a sense of ongoing nurturing and solidarity. Leo's generous nature can sometimes be at odds with the balance that the Universe demands, and you may be more aware of this soon, perhaps needing to tighten your belt a little. Yet there will be an obvious carrot ahead that provides the motivation and helps make any temporary pain bearable! A special connection can be made around the 19th.



Virgo

You could be a veritable whirlwind early this month, with Mercury in Aries putting extra wind in your sails! Much can be achieved when you know what you're aiming for. If you're unsure about the best targets, then Mercury's move into Taurus on the 15th could help start signalling what will contribute towards a lasting, beneficial impact. Saturn and Uranus are bound to add extra focus across May 28th-31st, so be ready for definitive action then or soon after, once you're more certain of the direction you need to take.



Capricorn

The Taurus new Moon is in a degree aligning with Saturn in Pisces, which suggests that quite a lot could be working in your favour. But you may nonetheless need to be the leading force, or follow your own initiative. And that's because others may have less experience, vision or courage than you. Besides, someone just has to be first sometimes! The lesson seems to be to trust yourself, and accept the consequences of a reasonable risk. Helpful steps can be taken, as useful opportunities emerge, across May 7th to 13th.



Aquarius

The Sun, Venus and Mercury each align powerfully with Uranus on, respectively, the 13th, 18th and 31st which makes May a month of turning corners rapidly, if you're ready to do so – and maybe even if you're not! Uranus is linked with lightning, which strikes as the heavens decree. So be ready to make some moves, but know that you will be supported with sufficient energy and focus to make all of them. What you may not have is the luxury of time for careful consideration, but it won't matter.



Pisces

Sun, Venus and Jupiter connections with Neptune on May 19th and 23rd look helpful for making progress with new plans – or finding inspiration if you've been feeling at all lost. There is surely a pathway through with healing an issue; you likely just need to find the right person, modality or other offering. A Piscean superpower is the ability to tune in empathically and intuitively. And, besides, what looks like a duck and quacks like a duck probably is a duck! Remember that you are looked after in mysterious ways.



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